Explore the Food and Grocers of Greater Boston!

The Cambridge, Somerville, Back Bay, and Fenway area offer a variety of food and grocery options. Check out some of our local favorites including Daily Table, Market Basket, H Mart, Roche Brothers, Wholesome Fresh, and BFresh.

MIT also offers grocery shuttles to Trader Joe’s, Whole Foods, Costco, and Target!

For those facing financial challenges accessing food, here are some available resources:

- **Individuals**
  Request meal swipes to on campus dining halls by emailing naomic@mit.edu

- **Families**
  Apply for the Graduate Families Food Grant
  Check eligibility for Women, Infants, and Children Program (WIC) for pregnant women and children under 5.
  Reach out to Adj Marshall if you need additional family food support resources writeadj@mit.edu