

# ATHLETES

## 2025 WELCOME WEEK MEAL SCHEDULE

|               | <b>SATURDAY<br/>08.23</b>             | <b>SUNDAY<br/>08.24</b>               | <b>MONDAY<br/>08.25</b>                                  | <b>TUESDAY<br/>08.26</b>                                  | <b>WEDNESDAY<br/>08.27</b>                                | <b>THURSDAY<br/>08.28</b>                | <b>FRIDAY<br/>08.29</b>                               |
|---------------|---------------------------------------|---------------------------------------|----------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|------------------------------------------|-------------------------------------------------------|
| <b>Brunch</b> | All Dining Halls<br>9:30 am - 1:30 pm | All Dining Halls<br>9:30 am - 1:30 pm | <b>Lobdell ONLY</b><br>10:00 am – 1:30 pm                | Maseeh & New Vassar<br>Dining Halls<br>10:00 am – 1:30 pm | Maseeh & New Vassar<br>Dining Halls<br>10:00 am – 1:30 pm | All Dining Halls<br>10:00 am – 1:30 pm   | Maseeh & Vassar<br>Dining Halls<br>10:00 am – 1:30 pm |
| <b>Dinner</b> | All Dining Halls<br>5:00 pm - 8:30 pm | All Dining Halls<br>5:00 pm - 8:30 pm | Maseeh & New Vassar<br>Dining Halls<br>5:00 pm - 8:30 pm | Maseeh & New Vassar<br>Dining Halls<br>5:00 pm - 8:30 pm  | All Dining Halls<br>5:00 pm - 8:30 pm                     | <b>Lobdell ONLY</b><br>5:00 pm - 8:30 pm | All Dining Halls<br>4:30 pm - 8:30 pm                 |

(Fall semester meal plans begin on Saturday, August 30<sup>th</sup>!!)